






TRAVEL



Insight Vacations is running female-only adventures to Morocco.

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As more females seek to explore the world, either solo or with friends, tour companies are offering exclusive itineraries.

1 Peru



Peru Women's Expedition with Intrepid.

Intrepid Travel's all-new eight-day [Peru Women's Expedition](#) launches in September. The eight-day tour begins and ends in Cusco and is part of the company's female-led Women's Expeditions range, which this year also extends to Cambodia and Bhutan. The small-group journey explores the Sacred Valley and the Andes alongside an all-female porter team, trekking quieter sections of the Inca Trail between Chinchero and Urquillos before reaching the showstopper, Machu Picchu. Along the way, travellers meet women shaping Peru's communities, from textile artisans in the Umashamba enclave to sustainable chocolate makers in the Sacred Valley. The opportunity to take part in an Andean healing ceremony led by a female shaman adds an immersive cultural component to the tour; from \$3240 a person.

2 Japan & South Korea



Women in traditional dress in Bukchon Hanok Village in Seoul, South Korea.

This women-only Inspiring Vacations tour through [Japan and South Korea](#) is designed as much for creating connections as cultural engagement. From Tokyo's neon-lit streets and Hakone's tranquil landscapes to Kyoto's centuries-old traditions and Hiroshima's war history, the journey blends iconic attractions with local encounters. Cross to Busan to meet Korea's legendary haenyeo sea women, hear the story of a female North Korean defector and stay in traditional ryokan and hanok guesthouses. The small-group Inspired Japan and South Korea tour, led by a dedicated female tour leader, also joins an obanzai home-style cooking lesson and pottery-making class in Kyoto, where the tour ends. Perfect for solo female travellers seeking camaraderie on the road; from \$8395 a person.

3 Northern Territory



Larapinta Goddess Walk in Comfort with World Expeditions.

Adventurous women looking to combine wellness with a wilderness challenge will hit their stride on the four-day [Larapinta Goddess Walk in Comfort](#), offered on select dates in May and July. The women-only trek explores some of the most spectacular sections of NT's Larapinta Trail, including Simpsons Gap, Ellery Waterhole and Ormiston Pound. Hikers also summit Mount Sonder before dawn to watch the West MacDonnell Ranges emerge like a hologram in the early morning light. The four-day trek includes yoga and meditation designed to stretch tired limbs and settle the mind. Walkers may spot black-footed rock wallabies, wedge-tailed eagles and flocks of desert birds along the trail. Evenings are spent kicking back at comfortable eco camps where three-course meals are shared around a campfire under vast outback skies; \$3095 a person, including transfers to and from Alice Springs.

4 Morocco



Koutoubia Mosque in Marrakech, Morocco.

Seeing the Dades Valley in the mauve-grey sheen of dusk is one of many highlights of the 11-day [Treasures of Morocco](#) tour. Insight Vacations invites up to 24 women on the female-led adventure, which starts and finishes in Casablanca. Highlights include a visit to the Royal Palace in the capital, Rabat, and the rust-red landscapes of southern Morocco. The country's colour and culture are revealed everywhere from its spice markets to its ancient kasbahs. Along the way, travellers sip wild-herb tea with desert nomads, share farm-to-table meals in the palm-filled oasis of Tinghir, and sample regional dishes such as madfouna ("Berber pizza"). The tour also loops in Marrakech, where the kinetic theatre of Jemaa el-Fnaa is filled with storytellers, musicians, snake charmers and dancers; from \$7175 a person.

5 Sri Lanka



Meeting Sri Lankan locals with the Classic Safari Company.

Women seeking a culturally rich adventure will find plenty to love on Classic Safari Company's small-group [Journeys for Women tour to Sri Lanka](#) in July. The Sri Lanka in Style itinerary – part of the group's women-only travel collection – begins and ends in Colombo and sweeps across stunning landscapes from the UNESCO-listed city of Anuradhapura to soaring Sigiriya Rock Fortress. Along the way, travellers ease into the rhythm of Sri Lanka with a foodie tour of Kandy, a scenic rail journey through the misty highlands to Ella, and tea tasting in flourishing plantations. Wildlife encounters come courtesy of safaris in Yala National Park, where sloth bears, leopards and elephants roam. A standout moment on the 17-day journey is time spent with SeaSisters, which empowers women and girls via surfing and swimming; \$US10,970 (\$15,480) a person single room; \$US7980 a person, twin-share.

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